INTISARI

HUBUNGAN TINGKAT PENGETAHUAN PEROKOK AKTIF DENGAN MOTIVASI BERHENTI MEROKOK PADA MAHASISWA PROGRAM STUDI ILMU KEPERAWATAN UNIVERSITAS SAHID SURAKARTA

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Latar Belakang : Salah satu penyebab kematian terbesar penduduk dunia adalah rokok. Konsumsi rokok di Indonesia semakin hari semakin meningkat. Tingginya populasi rokok dan konsumsi rokok menempatkan Indonesia menduduki urutan ke-5 konsumsi tembakau tertinggi di dunia. Dengan adanya peringatan dan himbauan tentang bahaya merokok yang telah dilakukan oleh berbagai pihak dapat menambah pengetahuan masyarakat tentang bahaya merokok dan memiliki motivasi yang tinggi untuk hidup sehat tanpa rokok.

Tujuan Penelitian : Untuk mengetahui hubungan antara tingkat pengetahuan perokok aktif dengan motivasi untuk berhenti merokok pada mahasiswa Program Studi Ilmu Keperawatan Universitas Sahid Surakarta.

Metode Penelitian : Desain penelitian adalah deskriptif kolerasi. Populasi dalam penelitian ini adalah sluruh mahasiswa Pogram Studi Ilmu Keperawatan Universitas Sahid Surakarta sebanyak 196 orang. Sampel pada penelitian ini sebanyak 49 sampel dengan tekhnik pengambilan sampel yaitu *purposive sampling*. Statistis uji hubungan dengan menggunakan *chi square*.

Hasil Penelitian : Sebagian besar pengetahuan perokok aktif adalah tinggi yaitu sebanyak 36 responden (73,5%), dan sebagian besar motivasi perokok aktif untuk berhenti merokok adalah tinggi sebanyak 40 responden (81,6%). Nilai *chi square* sebesar 14,855 dengan angka signifikan *p-value* sebesar 0,000 (0,000 < 0,05) dan chi hitung lebih besar daripada chi tabel (14,855 > 3,841), sehingga hipotesa diterima.

Simpulan : Ada hubungan antara hubungan tingkat pengetahuan perokok aktif dengan motivasi berhenti merokok pada mahasiswa program studi ilmu keperawatan Universitas Sahid Surakarta.

Kata Kunci : Tingkat Pengetahuan, Perokok aktif, Motivasi

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ABSTRACT

THE CORRELATION BETWEEN THE KNOWLEDGE LEVEL OFACTIVE SMOKER AND THE SMOKEQUITTINGMOTIVATION OF THE STUDENTS OF NURSERY SCIENCE STUDY PROGRAMMEOF UNIVERSITY OF SAHID OF SURAKARTA

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Background : *Smoke is one of the greatest mortality causesof the people in the world. In Indonesia, the smoke consumption increasesover time as days pass by. The high of smoke population and its consumption places Indonesia in the fifth level ofthe highest tobacco consumption in the world. Warnings and suggestions about the smoking risk that has undertaken by many parties can add the public knowledge about the risk and therefore has the high motivation for healthy life withot smoke.*

The Purpose of the Resesarh : *To know the correlation between the knowledge level of active smoker and the smoke quitting motivation of the students of Nursery Science Study Programme of University of Sahid of Surakarta.*

The Methods of the Research : *The research design used was correlation descriptive. The population was all the 196 students of Nursery Science Study Programme of University of Sahid of Surakarta. Sample was 49 students which was taken using purposive sampling method. The statistical technique held in the correlation measuring was Chi-square test.*

The Result of the Research : *The most part of the knowledge level of the active smoking students was high that was 36 respondents (73.5%), and so did the most part of the smoke quitting motivation of the active smoking students that was high namely as much as 40 respondents (81.6%). The Chi-square value was 14.855 with the significant p-value was 0.000 (<0,05) and therefore since the value of calculated chi-square was greater than the table chi-square (14.855 > 3.841) so the hiphotesis was accepted.*

Conclusion : *There was correlation between the knowledge level of active smoker and the smoke quitting motivation of the students of Nursery Science Study Programme of University of Sahid of Surakarta.*

Keywords : *The Knowledge Level, Active Smoker, Motivation*

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