

## INTISARI

### **Hubungan Tingkat Stres dengan Pemahaman Perkuliahan Sistem *Online* di Tengah Pandemi *COVID-19* Pada Mahasiswa Keperawatan Tingkat Akhir Universitas Sahid Surakarta**

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**Latar Belakang:** Mahasiswa dituntut untuk lebih dewasa dalam pemikiran, tindakan, serta perilakunya dalam menjalani perkuliahan di masa semester akhir. Ketidaksiapan mahasiswa selama menempuh pendidikan di masa pandemik COVID 19 dapat mengakibatkan stres. Perubahan sistem perkuliahan dari tatap muka menjadi sistem *Online* juga berpengaruh pada tingkat pemahaman pada mahasiswa.

**Tujuan:** Untuk mengetahui hubungan tingkat stres dengan perkuliahan sistem *online* di tengah pandemi *COVID-19* pada mahasiswa Jurusan Keperawatan tingkat akhir Universitas Sahid Surakarta

**Metode:** Jenis penelitian ini adalah kuantitatif dengan desain penelitian *deskriptif korelatif*. Rancangan penelitian menggunakan *cross sectional*. Sampel penelitian sebanyak 59 orang dengan teknik *Purposive Sampling*. Alat yang digunakan adalah kuesioner DASS 42 dan kuesioner perkuliahan sistem *Online*. Analisis data menggunakan uji *Rank Spearman*

**Hasil Penelitian:** Mayoritas responden tidak mengalami stress (normal) sebanyak 36 orang (61%) dan sebagian besar responden cukup mengerti tentang perkuliahan *Online* sebanyak 20 orang (33,9%). Hasil uji korelasi *Rank Spearman* diperoleh nilai  $r = -0,440$  ;  $p\text{-value} = 0,001 (<0,5)$ .

**Kesimpulan:** Terdapat hubungan antara tingkat stres dengan perkuliahan sistem *Online*

**Kata kunci:** Stres, Perkuliahan Sistem *Online*, Pandemi *COVID-19*, mahasiswa

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## ABSTRACT

### THE CORRELATION BETWEEN STRESS LEVELS AND UNDERSTANDING OF ONLINE LECTURE IN THE COVID-19 PANDEMIC ON NURSING STUDENTS AT SAHID SURAKARTA UNIVERSITY

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**Background:** Students must be wiser in their thoughts, actions, and behaviour in undergoing lectures in the final semester. The unpreparedness of students during their education during the COVID-19 pandemic can cause stress. The changes of the lecture system from face-to-face to online systems also affect students' level of understanding.

**Objectives:** To determine the correlation between stress levels and understanding of online lectures in the COVID-19 pandemic in senior college students of the Nursing Department in Sahid Surakarta University.

**Method:** This type of research was quantitative with a descriptive correlative research design. The research design used cross-sectional. The research sample was 59 people with a purposive sampling technique. The tools used DASS 42 questionnaire and the online system lecture understanding questionnaire. Data analysis used the Rank Spearman test.

**Results:** The majority of respondents do not experience stress (normal) with 36 people (61%), and most of the respondents quite understand about online lectures with 20 people (33.9%). The results of the Spearman Rank correlation test obtained the value of  $r = -0.440$  and  $p\text{-value} = 0.001 (<0.5)$ .

**Conclusion:** There is a correlation between stress levels and understanding of the online lecture.

**Keywords:** Stress, Understanding Online Lecture System, COVID-19 Pandemic, Students

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