

HUBUNGAN BEBAN KERJA DENGAN PERILAKU *CARING* PERAWAT DI RUANG RAWAT INAP RUMAH SAKIT MULIA HATI

Aniek Prasetyawati¹⁾, Atik Aryani²⁾, Widiyono²⁾

Intisari

Latar Belakang : Perawat merupakan profesi yang berperan penting di rumah sakit dalam penyelenggaraan upaya peningkatan kualitas pelayanan kesehatan, hal ini juga berlaku di ruang rawat inap yang terkenal dengan beban kerja dan stres kerja yang tinggi. Beban kerja yang tinggi dapat mempengaruhi perilaku *caring* perawat dalam memberikan pelayanan.

Tujuan : Mengetahui hubungan beban kerja dengan perilaku *caring* perawat di Ruang Rawat Inap Rumah Sakit Mulia Hati.

Metode : Metode penelitian menggunakan desain deskriptif korelasional dengan jenis *cross sectional*. Responden penelitian ini adalah seluruh perawat di Ruang Rawat Inap Rumah Sakit Mulia Hati sejumlah 70 perawat, dengan menggunakan teknik *total sampling*. Pengumpulan data menggunakan kuesioner beban kerja dan kuesioner perilaku *caring*, data penelitian dianalisis menggunakan uji korelasi *gamma*.

Hasil : Hasil penelitian didapatkan sebagian besar beban kerja perawat dalam kategori sedang sebanyak 36 responden (51,5%), kategori ringan sebanyak 31 responden (44,3%) dan kategori berat sebanyak 3 responden (4,2%). Perilaku *caring* sebagian besar tergolong kategori baik sebanyak 36 responden (51,5%), kategori cukup sebanyak 30 responden (42,8%), perilaku *caring* kategori kurang sebanyak 4 responden (5,7%). Berdasarkan hasil uji hipotesis menggunakan uji korelasi *gamma* diperoleh nilai *p-value* sebesar 0,027 maka $\text{sig} < 0,05$.

Simpulan : Ada hubungan antara beban kerja dengan perilaku *caring* perawat di Ruang Rawat Inap Rumah Sakit Mulia Hati.

Kata Kunci: beban kerja, perilaku *caring*, perawat.

¹⁾ Mahasiswa Program Studi Keperawatan Universitas Sahid Surakarta.

²⁾ Dosen Program Studi Keperawatan Universitas Sahid Surakarta.

ABSTRACT

THE CORRELATION BETWEEN WORKLOAD WITH NURSE CARING BEHAVIOR IN THE INPATIENT ROOM OF MULIA HATI HOSPITAL

Aniek Prasetyawati¹⁾, Atik Aryani²⁾,Widiyono²⁾

Background: Nurses are professions that are significant at hospitals in implementing efforts to improve the quality of health services. It also applies in inpatient rooms with their high workload and works stress. A high workload can affect the caring behavior of nurses in providing services.

Objectives: To determine the correlation between workload and caring behavior of nurses in the Inpatient Room at Mulia Hati Hospital.

Method: The research method used a descriptive correlational design with cross-sectional. Respondents were all nurses in the Inpatient Room of Mulia Hati Hospital, with a total of 70 nurses using a total sampling technique. Collecting data used a workload questionnaire and a caring behavior questionnaire. The research data were analyzed using the gamma correlation test.

Results: The results showed that most of the nurses' workload was in the medium category with 36 respondents (51.5%), in the mild category as many as 31 respondents (44.3%), and the heavy category with 3 respondents (4.2%). Most of the caring behavior belongs to the good category with 36 respondents (51.5%), sufficient category as many as 30 respondents (42.8%), caring behavior in the less category with 4 respondents (5.7%). Based on the results of hypothesis testing using the gamma correlation test, a p-value was obtained 0.027 and sig < 0.05.

Conclusion: There is a correlation between workload and caring behavior of nurses in the Inpatient Room of Mulia Hati Hospital.

Keywords: Workload, Caring Behavior, Nurses.

-
1. Students of Nursing department of Sahid Surakarta University
 2. Lecturer of Nursing department of Sahid Surakarta University

