

INTISARI

Pengaruh Pendidikan Kesehatan Tentang Dukungan Keluarga Terhadap Peningkatan Kunjungan Lansia Di Posyandu Lansia Kelurahan Cabeankunti Cepogo Boyolali

¹Abdul Aziz Mahmud, ²Fajar Alam Putra, ²Shinta Rositasari

Latar Belakang: Derajat kesehatan lansia perlu ditingkatkan, hal tersebut mendorong pemerintah membuat beberapa kebijakan-kebijakan pelayanan kesehatan lansia. Dalam pelaksanaan kebijakan tersebut, maka dikembangkan program kesehatan lansia yaitu posyandu lansia. Salah satu faktor yang berpengaruh dalam keaktifan Lansia tersebut adalah dukungan keluarga. Factor yang dapat mempengaruhi dukungan keluarga adalah tingkat pengetahuan keluarga tentang pentingnya dukungan keluarga. Dalam meningkatkan dukungan keluarga tersebut, dapat diberikan pendidikan kesehatan tentang pentingnya dukungan keluarga bagi lansia. Dari pendidikan kesehatan yang diberikan tersebut, diharapkan dapat mendorong keluarga untuk lebih mengerti tentang bagaimana cara memberi dukungan keluarga sehingga keaktifan lansia dalam mengikuti posyandu lansia dapat ditingkatkan.

Tujuan: Dalam mengetahui Pengaruh dukungan keluarga dengan kunjungan lansia di Posyandu Lansia Cabeankunti Cepogo boyolali.

Metode: Penelitian ini menggunakan pendekatan kuantitatif dengan desain *pre Eksperimental design* dan jenis *One Group Pretest Posttest*. Teknik sampling yang digunakan adalah *purposive sampling* dan diikuti 60 responden.

Hasil: Hasil penelitian menunjukkan hasil uji tersebut diperoleh nilai *p value* 0,0001 yang artinya dibawah derajat α sehingga dapat disimpulkan terdapat pengaruh pendidikan kesehatan tentang Dukungan keluarga terhadap peningkatan Kunjungan lansia di posyandu lansia Cabeankunti Cepogo Boyolali.

Kesimpulan : Terdapat pengaruh pendidikan kesehatan tentang Dukungan keluarga terhadap peningkatan Kunjungan lansia di posyandu lansia Cabeankunti Cepogo Boyolali

Kata kunci : pendidikan kesehatan, dukungan keluarga, posyandu lansia

-
1. Mahasiswa Program Studi Ilmu Keperawatan Universitas Sahid Surakarta
 2. Dosen Program Studi Ilmu Keperawatan Universitas Sahid Surakarta

ABSTRACT

THE EFFECT OF HEALTH EDUCATION ON FAMILY SUPPORT ON INCREASING ELDERLY VISITS AT THE POSYANDU LANSIA CABEANKUNTI SUBDISTRICT IN CEPOGO BOYOLALI

¹Abdul Aziz Mahmud, ²Fajar Alam Putra, ²Shinta Rositasari

Background: In improving the health status of the elderly, the government has made several health care policies for the elderly. The implementation of the policy was developed with the elderly health program, namely the posyandu lansia. The elderly health development program will not run well without good support and participation from the elderly. One of the factors that influence the activity of the elderly is family support. Factors that affect family support is the level of family knowledge about the importance of family support. Increased family support can be provided with health education about the importance of family support for the elderly. It is expected to encourage families to understand how to provide family support. Therefore, the activity of the elderly in participating in the posyandu for the elderly can be increased.

Objectives: To determine the effect of family support on elderly visits at the Posyandu Lansia Cabeankunti Cepogo Boyolali.

Method: This research is quantitative research with an experimental method. The research design was Pre Experimental design with One Group Pretest Posttest approach. The sampling technique used purposive sampling and was followed by 60 respondents.

Results: The results show that the test results obtained a p-value of 0.0001. It means under the α degree and can be concluded that there is an effect of health education on family support on increasing elderly visits at the Posyandu Lansia in Cabeankunti Cepogo Boyolali.

Conclusion: There is an effect of health education on family support on increasing elderly visits at the Posyandu Lansia in Cabeankunti Cepogo Boyolali

Keywords: Health Education, Family Support, Posyandu Lansia

-
1. Students of Nursing department of Sahid Surakarta University
 2. Lecturer of Nursing department of Sahid Surakarta University

