

INTISARI

HUBUNGAN BEBAN KERJA DENGAN KINERJA PERAWAT DALAM PENDOKUMENTASIAN ASUHAN KEPERAWATAN

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Latar Belakang : Beban kerja Perawat dapat diartikan sebagai seluruh kegiatan atau aktifitas yang dilakukan oleh seorang perawat selama bekerja di suatu unit pelayanan keperawatan. Kinerja perawat merupakan ukuran keberhasilan dalam mencapai tujuan pelayanan keperawatan. Pendokumentasian asuhan keperawatan merupakan dokumen tertulis yang bisa dijadikan bukti pelayanan keperawatan yang berisi kegiatan pencatatan, pelaporan yang autentik.

Tujuan : Mengetahui hubungan beban kerja dengan kinerja perawat dalam pendokumentasian asuhan keperawatan di RSUD Kabupaten Karanganyar.

Metode : Penelitian ini menggunakan pendekatan kuantitatif, metode *Deskriptik Korelasional*. Penelitian menggunakan *cross sectional*. Sampel penelitian adalah 49 perawat ruang perinatologi, ICU A, ICU B di RSUD Karanganyar. Pengambilan sampel menggunakan *Total Sampling*. Instrumen penelitian menggunakan kuesioner beban kerja perawat dan lembar observasi kinerja perawat dalam pendokumentasian asuhan keperawatan.

Hasil : Analisis data menggunakan uji *Kendall Tau*. Sebanyak 21 responden (42,86%) merasa beban kerja adalah termasuk tinggi. Kinerja perawat dalam pendokumentasian asuhan keperawatan di RSUD Kabupaten Karanganyar termasuk kategori cukup sebanyak 22 responden (44,90%) dengan hasil signifikan menunjukkan ($p=0,000<0,05$).

Simpulan : Ada hubungan beban kerja dengan kinerja perawat dalam pendokumentasian asuhan keperawatan di RSUD Karanganyar

Kata kunci : Beban kerja, Kinerja Perawat, Pendokumentasian Asuhan Keperawatan

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ABSTRACT

THE CORRELATION OF WORKLOAD WITH NURSE PERFORMANCE IN NURSING CARE DOCUMENTATION

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Background: Nurse workload can be interpreted as all activities carried out by a nurse while working in a nursing service unit. Nurse performance is a measure of success in achieving nursing service goals. Documentation of nursing care is a written document used as evidence of nursing services containing authentic recording and reporting activities.

Objectives: To determine the correlation between workload and nurse performance in documenting nursing care in Karanganyar regional public hospital.

Method: This study used a quantitative approach with the Correlational Descriptive method. The research used cross-sectional. The research sample was 49 nurses in the perinatology room, ICU A, ICU B at Karanganyar regional public hospital. The sampling technique used Total Sampling. The research instrument used a nurse's workload questionnaire and a nurse's performance observation sheet in documenting nursing care.

Results: Data analysis uses the Kendall Tau test. A total of 21 respondents (42.86%) felt that their workload was high. The nurse's performance in documenting nursing care at the Karanganyar regional public hospital was included in the sufficient category as many as 22 respondents (44.90%) with significant results showing ($p = 0.001 < 0.05$).

Conclusion: There is a correlation between workload and nurse performance in documenting nursing care at Karanganyar regional public hospital.

Keywords: Workload, Nurse Performance, Documentation of Nursing Care

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