

INTISARI

Hubungan Sikap Perawat Dengan Tindakan Perawat Dalam Manajemen Nyeri Pasien Post Operasi Di Ruang Bedah RS Cakra Husada Klaten

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Latar Belakang : Pembedahan merupakan salah satu bentuk terapi atau tindakan pengobatan invasif yang sering dilakukan dalam penyembuhan pasien. Perawat dapat mengetahui keluhan nyeri pada pasien melalui anamnesa pasien, tanda umum atau respon fisiologis tubuh. Penerimaan respon nyeri yang berbeda pada setiap pasien akan mempengaruhi sikap perawat dalam pemberian tindakan keperawatan dalam manajemen nyeri pada pasien post operasi, sikap positif perawat dalam manajemen nyeri pasien post operasi diharapkan mampu memaksimalkan pendekatan terapi non farmakologi meliputi distraksi, relaksasi dan masase kulit.

Tujuan : Untuk mengetahui hubungan sikap perawat dengan tindakan perawat dalam manajemen nyeri pasien post operasi di ruang bedah RS Cakra Husada Klaten.

Metode : Penelitian ini menggunakan pendekatan kuantitatif dengan jenis deskriptif korelasi dan desain *cross sectional*. Sampel dalam penelitian ini adalah sebanyak 30 orang perawat ruang inap Sawiti dan Maheswari di Rumah sakit Cakra Husada Klaten. Pengambilan data penelitian menggunakan kuesioner, analisis data yang digunakan adalah *Chi-Square*.

Hasil : Sebanyak 25 responden (83 %) memiliki sikap positif, sebanyak 5 responden (16,7%) memiliki sikap negative. Hasil tindakan perawat dalam manajemen nyeri sebanyak 22 responden (76,7 %) dengan hasil kategori baik sedangkan 8 responden (23,3 %) dengan hasil kategori kurang baik. Hasil uji analisa di dapatkan hasil $p\ value = 0,001 < 0,05$ yang berarti terdapat hubungan sikap perawat terhadap tindakan perawat dalam manajemen nyeri pasien post operasi di ruang bedah RS Cakra Husada Klaten .

Simpulan : Terdapat hubungan sikap perawat terhadap tindakan perawat dalam manajemen nyeri pasien post operasi di ruang bedah RS Cakra Husada Klaten.

Kata Kunci : Sikap Perawat, Tindakan Manajemen Nyeri, Pasien Operasi

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ABSTRACT

The Relationship between Nurse Attitudes and Nurses' Actions in Pain Management of Postoperative Patients in the Surgical Room at Cakra Husada Hospital Klaten

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Background: Surgery is a form of therapy or invasive treatment that is often done in healing patients. Nurses can find out complaints of pain in patients through the patient's history, general signs or the body's physiological response. Acceptance of different pain responses in each patient will affect the attitude of nurses in providing nursing actions in pain management in postoperative patients, positive attitudes of nurses in pain management of postoperative patients are expected to be able to maximize non-pharmacological therapeutic approaches including distraction, relaxation and skin massage.

Objective: To determine the relationship between nurses' attitudes and nurses' actions in pain management of postoperative patients in the operating room of Cakra Husada Hospital, Klaten

Methods: This study uses a quantitative approach with a descriptive type of correlation and cross sectional design. The sample in this study were 30 nurses in the Sawiti and Maheswari inpatient rooms at Cakra Husada Hospital, Klaten. Retrieval of research data using a questionnaire. Analysis of the data used is Kappa and Chi-Square Test Analysis.

Result: The correlation number is positive, which means that the higher the nurse's attitude, the nurse's actions in pain management will increase. The results of the positive attitude category were 83.3%, the negative attitude category was 16.7%. The results of the nurse's actions in pain management in the good category 76.7% in the poor category, 23.3%. Calculated numbers $>$ table ($10.770 > 3.841$) or the value of $= 0.001 < 0.05$.

Conclusion: There is a positive and significant relationship between nurses' attitudes towards nurses' actions in pain management of postoperative patients in the operating room of Cakra Husada Hospital, Klaten.

Keywords: Nurse's Attitude, Pain Management Measures, Operation Patient

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