

INTISARI

HUBUNGAN TINGKAT PENGETAHUAN LANSIA DENGAN KEAKTIFAN DALAM MENGIKUTI KEGIATAN POSYANDU LANSIA DI DESA MOJO GAYAM, KECAMATAN SUKOHARJO, KABUPATEN SUKOHARJO

Sri Paryanti¹, Atik Aryani², Siti Fatonah.³

Latar Belakang: Ketidakhadiran para lansia ke posyandu, menurut kader posyandu disebabkan oleh berbagai kondisi fisik yang terjadi pada lansia seperti sedang sakit, tidak adanya anggota keluarga yang mengantarkan ke posyandu, yang mengakibatkan rata-rata tiap bulan lansia yang datang posyandu dapat dikatakan sedikit, meskipun dari keterangan kader posyandu sebenarnya sikap lansia terhadap posyandu adalah baik, dimana ada keinginan lansia yang berkunjung ke posyandu sesuai jadwal pelayanan posyandu.

Tujuan: Untuk mengetahui hubungan tingkat pengetahuan lansia dengan keaktifan dalam mengikuti kegiatan posyandu lansia di Desa Mojo Gayam, Kecamatan Sukoharjo, Kabupaten Sukoharjo.

Metode: Desain penelitian ini menggunakan deskriptif korelasional dengan rancangan *cross sectional*. Populasi dalam penelitian ini adalah semua lansia di Posyandu Lansia Desa Mojo Gayam, Sukoharjo sebanyak 221 lansia, diambil sampel 142 orang dengan teknik *purposive sampling*. Teknik analisis data yang digunakan dengan analisis korelasi *rank spearman*.

Hasil: 1) Sebagian besar lansia mempunyai pengetahuan tentang posyandu tergolong berpengetahuan baik (47,2%); 2) Sebagian besar responden mempunyai keaktifan mengikuti kegiatan posyandu tergolong cukup aktif (38,7%); dan 3) Ada hubungan signifikan antara pengetahuan lansia dengan keaktifan dalam mengikuti kegiatan posyandu lansia ($r_{xy} = 0,304$; $p\text{-value} = 0,000 < 0,05$).

Simpulan: Ada hubungan signifikan antara pengetahuan lansia dengan keaktifan dalam mengikuti kegiatan posyandu lansia di Desa Mojo Gayam Kecamatan Sukoharjo.

Kata Kunci : Tingkat pengetahuan, Keaktifan, Posyandu, Lansia

¹ Mahasiswa Program Studi Ilmu Keperawatan Universitas Sahid Surakarta.

² Program Studi Ilmu Keperawatan Universitas Sahid Surakarta.

³ Program Studi Ilmu Keperawatan Universitas Sahid Surakarta.

ABSTRACT

THE CORELATIONS KNOWLEDGE LEVEL WITH THE ELDERLY FOLLOWING ACTIVITIES LIVELINESS POSYANDU ELDERLY IN VILLAGE MOJO GAYAM, DISTRICT SUKOHARJO, SUKOHARJO

Sri Paryanti¹, Atik Aryani², Siti Fatonah.³

Background: *The absence of the elderly to Posyandu, according to the cadre's caused by a variety of physical conditions that occur in the elderly as being sick, the absence of family members who deliver to Posyandu, which resulted in an average monthly elderly who come Posyandu can be said little, although of the cadre's actual description of the Posyandu elderly attitude is good, where there are elderly who desire to visit posyandu schedule services.*

Objective: *To determine the relationship of level knowledge the elderly to be active in following the activities of elderly neighborhood health center in the village of Mojo Gayam, District Sukoharjo.*

Methods: *This study used a descriptive correlational cross-sectional design. Population in this research is all elderly people in the village of Mojo Elderly IHC Gayam, Sukoharjo many as 221 elderly, 142 samples were taken by purposive sampling technique. Data analysis techniques with Spearman rank correlation analysis.*

Results: *1) Most of the elderly have knowledge about posyandu relatively good knowledge (47.2%); 2) Most of the respondents have participated in the activeness of Posyandu is quite active (38.7%); and 3) There is a significant correlation between the knowledge of the elderly to be active in following the activities of Posyandu ($r_{xy} = 0.304$; $p\text{-value} = 0.000 < 0.05$).*

Conclusions: *There is a significant relationship between the knowledge of the elderly to be active in following the activities of elderly neighborhood health center in the village of Mojo Gayam Sukoharjo.*

Keywords: *Level of knowledge, Activities, Posyandu, Elderly.*

¹ : *Student of Nursing Study Program, Sahid Surakarta University*

² : *Nursing Study Program, Sahid Surakarta University*

³ : *Nursing Study Program, Sahid Surakarta University*