

INTISARI

PENGARUH DUKUNGAN KELUARGA TERHADAP KONSEP DIRI PENDERITA KANKER PAYUDARA DI RSUD Dr. MOEWARDI SURAKARTA

Meri Heliwarni¹ . Dhani Setya Arumawati² . Anik Suwarni³ .

Latar Belakang : Kanker adalah salah satu penyakit yang paling banyak menimbulkan kesakitan dan kematian pada manusia. Penyebab pasti kanker payudara hingga saat ini belum diketahui, namun banyak faktor yang diperkirakan mempunyai pengaruh terhadap terjadinya kanker payudara. Salah satu pengobatan kanker payudara adalah kemoterapi yang bermanfaat mencegah dan mengurangi pertumbuhan sel kanker, selain itu dukungan keluarga terhadap sangat dibutuhkan untuk meningkatkan mental dan semangat hidup pasien kanker agar tercipta konsep diri yang positif.

Tujuan: Untuk mengetahui pengaruh antara dukungan keluarga terhadap konsep diri penderita kanker payudara di RSUD Dr. Moewardi Surakarta.

Metode: Penelitian ini menggunakan *survey analitik* dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah seluruh wanita yang menjalani perawatan kanker payudara di RSUD Dr. Moewardi Surakarta yang sekaligus sebagai sampel penelitian yaitu sebanyak 40 responden. Teknik pengambilan sampel yaitu *total sampling*. Pengumpulan data yaitu checklist observasi dan kuesioner. Teknik analisa data yaitu analisis univariat dan bivariat yaitu uji *Korelasi Spearman*.

Hasil : Menunjukkan: (1) Konsep diri penderita kanker payudara sebagian besar termasuk positif sebanyak 39 responden (97,5%), (2) Dukungan keluarga bagi penderita kanker menunjukkan sebagian besar memperoleh dukungan keluarga yang tinggi sebanyak 35 responden (87,5%), dan (3) Terdapat pengaruh dukungan keluarga terhadap konsep diri penderita kanker payudara, dengan hasil uji korelasi *Spearman Rho* diperoleh *p value* 0,000.

Simpulan : Ada pengaruh dukungan keluarga terhadap penderita kanker payudara di RSUD Moewardi Surakarta.

Kata Kunci : Dukungan keluarga, konsep diri, kanker payudara

¹ Mahasiswa program Studi Keperawatan Universitas Sahid Surakarta.

² Dosen Studi Ilmu Keperawatan Universitas Sahid Surakarta.

³ Dosen Studi Ilmu Keperawatan Universitas Sahid Surakarta.

ABSTRACT

THE INFLUENCE OF FAMILY SUPPORT TO SELF CONCEPT OF BREAST CANCER PATIENTS IN THE HOSPITAL OF Dr. MOEWARDI SURAKARTA

Meri Heliwarni¹ . Dhani Setya Arumawati² . Anik Suwarni³ .

Background: Cancer is one of the disease which is at most generating painfulness and mortality to human beings. The exact cause of breast cancer until now has not known yet, but many factors estimated that have the influence to the incidence of breast cancer. One of medication of breast cancer is chemotherapy which have benefit to prevent and reduced the growth of cancer cells, besides family support is very required to increase mental and spirit of cancer patients life in order to created a positive self concept.

Objective: To determine the influence of family support to self concept of breast cancer patients in the hospital of Dr. Moewardi Surakarta.

Methods: This research used the analytic survey with cross sectional approached. Population in this research were the women who experiencing treatment of breast cancer in the hospital of Dr. Moewardi Surakarta which all at once as the sample were counted 40 respondents. Those samples took with using total sampling technique. Data collecting was using observation cheklist and questionnaire. Data analyse technique was using univariat and bivariate analysis with Spearman Correlation.

Results: Results shown that: (1) Most of breast cancer patients had positive self concept were counted 39 respondents (97,5%), (2) Family support to cancer patients shown that most of patients obtained high family support were counted 35 respondents (87,5%), and (3) There was an influence between family support to self concept of breast cancer patients, with the test results of Spearman Rho obtained p value 0,000.

Conclusions: There was an influence between family support to self concept of breast cancer patients in the hospital of Dr. Moewardi Surakarta..

Keywords: Family support, self concept, breast cancer

¹ Student of Nursing Science Program Sahid University of Surakarta.

² Lecturer Nursing Science Program Sahid University of Surakarta.

³ Lecturer Nursing Science Program Sahid University of Surakarta.