

INTISARI

FAKTOR-FAKTOR YANG MEMPENGARUHI KUALITAS HIDUP PADA PASIEN PENDERITA GAGAL GINJAL KRONIK DI RS INDRIATI SOLO BARU

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Latar Belakang: Perawatan pasien gagal ginjal kronik memerlukan proses yang panjang sehingga dapat menimbulkan rasa jenuh pada pasien dan jika tidak diatasi dapat menurunkan motivasi pasien dan berdampak penurunan kualitas hidup pasien.

Tujuan: Untuk mengetahui faktor-faktor yang berpengaruh pada kualitas hidup penderita gagal ginjal kronik di RS Indriati Solo Baru.

Metode: Penelitian kuantitatif dengan desain deskriptif analitik melalui pendekatan *cross sectional*. Populasi penelitian adalah penderita gagal ginjal kronik di Rumah Sakit Indriati Solo Baru yang pada periode bulan Maret 2019 berjumlah 287 pasien. Sampel penelitian sebanyak 165 pasien, dan penentuan sampel dalam penelitian menggunakan teknik *Non-probability consecutive sampling*. Pengumpulan data menggunakan lembar kuesioner, sedangkan pengujian hipotesis penelitian menggunakan uji regresi linier berganda.

Hasil Penelitian: Hasil uji regresi linier berganda pengaruh pendidikan dengan kualitas hidup diperoleh nilai t_{hitung} sebesar 0,346 ($p-value = 0,730$) sehingga H_0 diterima. Hasil uji pengaruh status perkawinan dengan kualitas hidup diperoleh nilai t_{hitung} sebesar 1,479 ($p-value = 0,141$) sehingga H_0 diterima. Hasil uji pengaruh dukungan keluarga dengan kualitas hidup diperoleh nilai t_{hitung} sebesar 2,878 ($p-value = 0,005$) sehingga H_0 ditolak.

Simpulan: Tidak terdapat pengaruh pendidikan dan status perkawinan dengan kualitas hidup penderita gagal ginjal kronik di RS Indriati Solo Baru.

Kata Kunci : pendidikan, status perkawinan, dukungan keluarga, kualitas hidup, gagal ginjal kronik

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ABSTRACT

FACTORS THAT INFLUENCE THE QUALITY OF LIFE IN PATIENTS WITH CHRONIC KIDNEY FAILURE IN INDRIATI SOLO BARU Hospital

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Background: Treatment of patients with chronic renal failure requires a long process so that it can cause saturation in patients and if not overcome it can reduce patient motivation and have an impact on the quality of life of patients.

Objective: To find out what factors influence the quality of life of patients with chronic renal failure in the New Indriati Solo Hospital.

Method: Quantitative research with analytic descriptive design through cross sectional approach. The study population was patients with chronic kidney failure at Indriati Solo Baru Hospital, which in the period of March 2019 totaled 287 patients. The study sample was 165 patients, and the sample determination in the study used the technique of Non-probability consecutive sampling. Data collection uses questionnaire sheets, while testing the research hypothesis using multiple linear regression tests.

Research Results: The results of multiple linear regression tests of the influence of education with quality of life obtained t_{count} of 0.346 (p-value = 0.730) so that H_0 was accepted. The test results of the influence of marital status and quality of life obtained a value of t_{count} of 1.479 (p-value = 0.141) so that H_0 was accepted. The test results of the influence of family support on quality of life obtained t_{count} of 2.878 (p-value = 0.005) so that H_0 was rejected.

Conclusion: There were no influence of education and marital status on the quality of life of patients with chronic renal failure in Indriati Solo Baru Hospital

Keywords: education, marital status, family support, quality of life, patients with chronic renal failure

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