

INTISARI

PERBEDAAN FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PEMBERIAN ASI EKSKLUSIF DI DESA DAN PERKOTAAN

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Latar Belakang: ASI adalah makanan eksklusif bagi bayi, nilai gizi yang terkandung dalam ASI sangat tinggi sehingga sebenarnya tidak memerlukan komponen tambahan apapun di luar seperti MP-ASI. Turunnya capaian pemberian ASI dipengaruhi oleh faktor internal, seperti pengetahuan ibu, sikap ibu, faktor eksternal seperti dukungan keluarga, dukungan tenaga kesehatan. Di Sukoharjo tahun 2018 capaian ASI Eksklusif 43,54%, sedangkan di Surakarta 79,7%.

Tujuan: Mengetahui faktor-faktor yang berhubungan dengan pemberian ASI Eksklusif pada bayi di desa dan perkotaan.

Metode: Penelitian ini adalah deskriptif korelasional dengan pendekatan *cross sectional*. Populasi adalah 84 ibu di desa Gupit maupun di Kelurahan Pajang. Teknik sampling *Purposive Sampling*. Teknik analisis data menggunakan uji univariat dengan persentase, uji bivariat dengan Rank Spearmans, uji multivariat dengan Regresi Logistic.

Hasil: Terdapat hubungan tingkat pengetahuan dengan pemberian ASI Eksklusif. Terdapat hubungan sikap ibu dengan pemberian ASI Eksklusif. Terdapat hubungan dukungan keluarga dengan pemberian ASI Eksklusif. Terdapat hubungan dukungan tenaga kesehatan dengan pemberian ASI Eksklusif di Desa Gupit dan Kelurahan Pajang. Terdapat perbedaan hubungan antara tingkat pengetahuan, sikap ibu, dukungan keluarga dan dukungan tenaga kesehatan dengan pemberian ASI Eksklusif di Desa Gupit dan Kelurahan Pajang.

Simpulan: Terdapat perbedaan hubungan antara tingkat pengetahuan, sikap ibu, dukungan keluarga dan dukungan tenaga kesehatan dengan pemberian ASI Eksklusif di desa dan perkotaan.

Kata Kunci: Pengetahuan, sikap, dukungan keluarga, dukungan tenaga kesehatan, Pemberian ASI Eksklusif

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ABSTRACT

THE DIFFERENCE FACTORS ON GIVING EXCLUSIVE BREASTMILK IN VILLAGE AND CITIES

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Keywords: *Knowledge, attitude, family support, support of health workers,
Exclusive breastfeeding*

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ABSTRACT

THE CORRELATION FACTORS IN EXCLUSIVE BREASTFEEDING AT THE RURAL AND URBAN

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Background: Breast milk is an exclusive food for babies. It contains high nutritional so it actually does not require any additional components such as MP-ASI. The decreasing of breastfeeding achievement is influenced by internal factors, such as mother knowledge and attitudes besides external factors such as family and paramedic support. In 2018, the exclusive breast milk (ASI) achievement was 43.54% at Sukoharjo while it was 79.7% in Surakarta.

Objective: The aim of this study is to determine the correlation factors in exclusive breastfeeding to rural and urban infants.

Method: This research is descriptive correlation with cross sectional approach. The population is 84 mothers in Gupit village and Kelurahan Pajang. Sampling technique used purposive sampling technique. Data analysis techniques used univariate test with percentage and bivariate test with Rank Spearmans. Whereas, multivariate test used Logistic Regression.

Results: There is a correlation of knowledge level to exclusive breastfeeding. There is a correlation of mother attitude to exclusive breastfeeding. There is a family support correlation to exclusive breastfeeding. There is a correlation of paramedic support to exclusive breastfeeding in Gupit Village and Kelurahan Pajang. Therefore, there is a correlation of knowledge level, mother attitudes, family support and paramedic support to exclusive breastfeeding in Gupit Village and Kelurahan Pajang.

Conclusion: There is a correlation of knowledge level, mother attitudes, family support and paramedic support to exclusive breastfeeding in Gupit Village and Kelurahan Pajang.

Keywords: Knowledge, attitude, family support, paramedic support, Exclusive breastfeeding

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PUSAT PELAYANAN DAN
PENGEMBANGAN BAHASA