

INTISARI

HUBUNGAN TINGKAT STRES KERJA PERAWAT DENGAN KINERJA PERAWAT DI RUMAH SAKIT UMUM DAERAH PANDAN ARANG BOYOLALI

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Latar Belakang: Stres kerja merupakan suatu kondisi ketegangan yang dialami karyawan atau pekerja yang dapat mempengaruhi emosi, proses berpikir dan kondisi seseorang. Stres kerja dapat mempengaruhi kemampuan seseorang untuk menghadapi pekerjaan yang nantinya dapat menghambat pencapaian kinerja yang diharapkan dan tentunya akan merugikan organisasi. Kinerja atau *performance* adalah usaha yang dilakukan dari hasil kerja yang dapat dicapai oleh seseorang atau sekelompok orang dalam suatu organisasi sesuai dengan wewenang dan tanggung jawab masing-masing dalam rangka mencapai tujuan organisasi bersangkutan secara legal, tidak melanggar hukum dan sesuai dengan moral maupun etika.

Tujuan: untuk mengetahui hubungan tingkat stres kerja perawat dengan kinerja perawat di RSUD Pandan Arang Boyolali.

Metode: Jenis penelitian deskriptif kuantitatif. Populasi dalam penelitian ini berjumlah 63 perawat. Teknik sampling yang digunakan dalam penelitian ini adalah *simple random sampling*.

Hasil: Hasil analisa univariat diketahui perawat mengalami stres sedang (66,7%), kinerja perawat termasuk baik (98,4%). Hasil analisa bivariat terdapat hubungan tingkat stres kerja perawat dengan kinerja perawat di RSUD Pandan Arang Boyolali dengan nilai *chi square* 13,508 dengan signifikan 0,000.

Simpulan: Ada hubungan tingkat stres kerja perawat dengan kinerja perawat di RSUD Pandan Arang Boyolali dengan nilai *chi square* 13,508 dengan signifikan 0,000.

Kata Kunci: tingkat stres kerja, kinerja perawat.

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ABSTRACT

THE CORRELATION OF NURSE WORK STRESS LEVEL WITH NURSE PERFORMANCE AT PANDAN ARANG BOYOLALI REGIONAL PUBLIC HOSPITAL

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Background: Work stress was a condition of tension experienced by employees or workers that can affected the emotions, thinking processes and conditions of a person. Work stress can affected the ability of a person to face work that will inhibit the achievement of the expected performance and will certainly harm the organization. Performance or performance was an effort made from the work that can be achieved by a person or group of people within an organization in accordance with the authority and responsibility respectively in order to achieve the objectives of the organization concerned legally, not violating the law and in accordance with the moral and ethical.

Purpose: To identify the correlation of nurse work stress level with nurse performance at RSUD Pandan Arang Boyolali.

Method: This type of research was a quantitative descriptive research. The population in this study amounted to 63 nurses. The sampling technique used in this research was simple random sampling.

Result: Univariate analysis result showed that nurse had medium stress (66,7%), good nurse performance was good (98,4%). Result of bivariate analysis there was correlation of nurse work stress level with nurse performance in RSUD Pandan Arang Boyolali with chi square value 13,508 and significant value of 0,000.

Conclusion: There was correlation of nurse work stress level with nurse performance in RSUD Pandan Arang Boyolali with chi square value 13,508 and significant value of 0,000.

Keyword: work stress level, nurse performance.

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