

INTISARI

HUBUNGAN TINGKAT PENGETAHUAN TERHADAP KEAKTIFAN DALAM PROGRAM PENANGGULANGAN PENYAKIT KRONIS (PROLANIS) PADA PASIEN PENDERITA DM TIPE 2

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Latar Belakang : DM merupakan suatu penyakit kronik yang kompleks yang melibatkan kelainan metabolisme karbohidrat, protein dan lemak serta berkembangnya komplikasi makrovaskuler dan neurologis. Dalam upaya pengelolaan penyakit kronis khususnya Diabetes Melitus Tipe 2 PT. Askes (Persero) merancang suatu format promotif dan preventif yang terintegrasi dan model pengelolaan penyakit kronis bagi peserta penderita penyakit kronis yang disebut sebagai “Prolanis” atau “Program Pengelolaan Penyakit Kronis”

Tujuan penelitian: Tujuan penelitian ini adalah untuk mengetahui hubungan tingkat pengetahuan terhadap keaktifan dalam program penanggulangan penyakit kronis (prolanis) Penderita DM Tipe 2.

Metode Penelitian: Jenis penelitian ini menggunakan *deskriptif correlation*. Lokasi penelitian dilakukan di Puskesmas Tawang Sari Sukoharjo pada bulan Oktober 2015. Dalam penelitian ini sampel diambil sebanyak 64 responden dengan teknik sampling menggunakan *total sampling*. Instrumen dalam penelitian yaitu kuesioner. Analisa data menggunakan analisis univariat yang menghasilkan distribusi frekuensi dan analisis bivariat menggunakan analisis *Chi square*.

Hasil Penelitian: mayoritas pengetahuan cukup sebanyak 41 responden (64%) dan pengetahuan kurang sebanyak 14 responden (21,9%). Sebanyak 37 responden (57,8%) bahwa aktif dalam program Prolanis dan sebanyak 27 responden (42,2%) tidak aktif dalam program Prolanis. Hasil uji analisis chi-square didapatkan nilai p value sebesar 0,000 sehingga dapat dikatakan ada hubungan tingkat pengetahuan terhadap keaktifan dalam program penanggulangan penyakit kronis (prolanis) Penderita DM Tipe 2.

Simpulan : ada hubungan tingkat pengetahuan terhadap keaktifan dalam program penanggulangan penyakit kronis (prolanis) Penderita DM Tipe 2.

Kata Kunci : pengetahuan, prolanis, keaktifan, Diabetes Melitus

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ABSTRACT

RELATIONSHIP LEVEL OF KNOWLEDGE ACTIVE IN CHRONIC DISEASE PREVENTION PROGRAM (PROLANIS) IN PATIENTS PEOPLE WITH TYPE 2 DM

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Background: *DM is a chronic disease involving abnormalities Complex The metabolism of carbohydrates, proteins and fats As well as the development of macrovascular and neurological complications . Chronic disease management efforts in diabetes mellitus , especially Type 2 PT . Askes (Persero) to design a format of promotive and preventive The integrated model and management of chronic disease Chronic disease patients Participant The so-called AS " Prolanis or "Program Pengelolaan Penyakit Kronis" "*

Purpose: The purpose of this study was to determine the relationship of the level of knowledge of the activity in chronic disease prevention program (prolanis) Patients with Type 2 diabetes

Metode Penelitian: *This research uses descriptive correlation. Location of the research conducted at the health center Tawang Sari Sukoharjo in October 2015. In this study, samples were taken as many as 64 respondents to the sampling technique used total sampling . Instruments in the study of the questionnaire . Data were analyzed using univariate analysis that generates a frequency distribution and bivariate analysis using Chi -square analysis .*

Research Results: *majority sufficient knowledge as much as 41 respondents (64 %) and lack of knowledge as much as 14 respondents (21.9 %) . A total of 37 respondents (57.8 %) that is active in Prolanis program and as many as 27 respondents (42.2 %) are not active in the program Prolanis.*

The result of the analysis of the chi - square obtained p value of 0.000 so that it can be said there is correlation between knowledge of the activity in chronic disease prevention program (prolanis) Patients with Type 2 diabetes .

Conclusion : *Correlational between knowledge of the activity in chronic disease prevention program (prolanis) Patients with Type 2 diabetes .*

Keyword : knowledge , prolanis , liveliness , Diabetes Mellitus

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