

## INTISARI

### PENGARUH MOTIVASI LANSIA TERHADAP FREKUENSI KEHADIRAN KE POSYANDU LANSIA DUSUN KRAJAN WETAN DESA PITON KECAMATAN PUNUNG KABUPATEN PACITAN

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**Latar belakang:** Kecenderungan peningkatan populasi lanjut usia perlu mendapatkan perhatian khusus terutama peningkatan kualitas hidup mereka agar dapat mempertahankan kesehatannya. Motivasi dari keluarga maupun instansi kesehatan dapat mempengaruhi frekuensi kehadiran lansia tersebut ke posyandu lansia.

**Tujuan Penelitian :** Untuk mengetahui Pengaruh Motivasi Lansia terhadap Frekuensi Kehadiran Ke Posyandu Lansia Dusun Krajan Wetan Desa Piton Kecamatan Punung Kabupaten Pacitan.

**Metode Penelitian:** Menggunakan Deskriptif Korelatif dan rancangan studi *cross sectional*. Jumlah sampel sebanyak 55 orang lansia yang masuk dalam kriteria penelitian. Uji analisis data menggunakan uji *rank correlation*.

**Hasil penelitian :** Responden menurut umur menunjukkan bahwa sebagian besar responden berumur 60 – 75 tahun, yaitu sebanyak 36 responden (65%), dan sisanya berumur 76 – 90 tahun sebanyak 19 responden (35%). Distribusi responden berdasarkan frekuensi kehadiran ke posyandu lansia sebagian besar adalah cukup sebanyak 27 responden (49%). Hasil uji hipotesis tentang adanya pengaruh antara motivasi lansia terhadap frekuensi kehadiran lansia ke posyandu lansia diperoleh nilai  $T_{hitung}$  sebesar 0,674 dengan tingkat signifikansi (*p-value*) sebesar 0,000. Nilai *p-value* lebih kecil dari 0,05 ( $0,000 < 0,05$ ) sehingga keputusan uji adalah  $H_0$  ditolak, sehingga kesimpulan analisis adalah ada pengaruh antara motivasi lansia terhadap frekuensi kehadiran lansia ke Posyandu lansia diterima secara signifikan, dimana semakin baik motivasi lansia maka frekuensi kehadiran ke posyandu lansia juga semakin baik.

**Simpulan :** Ada Pengaruh antara Motivasi Lansia terhadap Frekuensi kehadiran Ke Posyandu Lansia Dusun Krajan wetan, Desa Piton Kecamatan Punung Kabupaten Pacitan

Kata Kunci: Motivasi, frekuensi kehadiran, Posyandu Lansia

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## ABSTRACT

### EFFECT OF MOTIVATION OF THE ELDERLIES ON THEIR ATTENDANCE FREQUENCY TO ELDERLY INTEGRATED SERVICE POST OF KRAJAN WETAN HAMLET, PITON VILLAGE, PUNUNG REGENCY, PACITAN REGENCY

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**Background:** *The increasing number of the elderlies needs special attentions, particularly on the improvement of their life quality so as to maintain their health. The motivation of families and health institutions can affect their attendance frequency to an elderly integrated health post.*

**Objective:** *To investigate the effect of motivation of the elderlies on their attendance to Elderly Integrated Health Post of Krajan Wetan Hamlet, Piton Village, Punung Sub-district, Pacitan Regency*

**Method:** *This research used the descriptive correlational research method with the cross-sectional design. Its samples consisted of 55 elderlies who fulfilled the inclusion criteria. The data of research were analyzed by using the Spearman's Rank Correlation.*

**Result:** *36 respondents (65%) were aged 60-75 years old, and the rest 19 respondents (35%) were aged 76-90 years old. The attendance frequency distribution was fair, namely: 49% (27 respondents). The result of the correlation test shows that the value of the  $t_{stat}$  was 0.674 at the significance value ( $p$ -value) = 0.000, which was less than 0.05 so that  $H_0$  was rejected, meaning that there was a significant effect of motivation of the elderlies on their attendance to the Elderly Integrated Health Post in which the better the motivation of the elderlies is, the higher their attendance frequency to the Elderly Integrated Health Post is.*

**Conclusion:** *There was an effect of motivation of the elderlies on their attendance to Elderly Integrated Health Post of Krajan Wetan Hamlet, Piton Village, Punung Sub-district, Pacitan Regency.*

**Keywords:** *Motivation, attendance frequency, Elderly Integrated Health Post*

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