

INTISARI

HUBUNGAN STIMULASI TUMBUH KEMBANG DENGAN PERKEMBANGAN ANAK PRASEKOLAH DI POSYANDU ENGGAL WARAS

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Latar Belakang: Agar tumbuh kembang anak menjadi maksimal maka diperlukan stimulasi tumbuh kembang. Stimulasi tumbuh kembang biasanya dilakukan oleh orang tua karena mereka yang lebih sering bersama anak. Semakin dini stimulasi yang diberikan, maka perkembangan anak akan semakin baik. Semakin banyak stimulasi yang diberikan maka pengetahuan anak akan menjadi luas sehingga perkembangan anak semakin optimal.

Tujuan Penelitian: Untuk mengetahui hubungan stimulasi tumbuh kembang dengan perkembangan anak prasekolah di posyandu Enggal Waras.

Metode Penelitian: Penelitian ini merupakan penelitian deskriptif korelasi dengan menggunakan pendekatan *cross sectional*. Sampel dalam penelitian ini adalah semua ibu yang mempunyai anak prasekolah diposyandu Enggal Waras sebanyak 30 anak yang diambil secara total sampling. Stimulasi tumbuh kembang anak diukur melalui pengisian kuesioner dan perkembangan anak diukur dengan menggunakan lembar observasi DDST. Teknik analisis data menggunakan analisis korelasi *chi square*.

Hasil Penelitian: Hasil analisis diketahui mayoritas stimulasi tumbuh kembang anak termasuk baik (83,3%) dan mayoritas anak mempunyai perkembangan normal (83,3%). Berdasarkan hasil analisis korelasi *chi square* diperoleh *chi square* hitung sebesar 11,952 > *chi square* tabel (5,99) dengan *p value* (0,003) < 0,05, hal ini berarti ada hubungan stimulasi tumbuh kembang dengan perkembangan anak prasekolah.

Simpulan: Ada hubungan stimulasi tumbuh kembang dengan perkembangan anak prasekolah di posyandu Enggal Waras.

Kata Kunci : stimulasi tumbuh kembang, perkembangan anak, usia prasekolah

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ABSTRACT

THE CORRELATION OF STIMULATION GROWTHS STIMULATION WITH PRESCHOOL CHILDREN DEVELOPMENT AT ENGGAL WARAS INWROUGHT SERVICE POST

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Background: so that children growth was maximal so need growth stimulation. The growth stimulation was usually done by parents because they were a more regular with their children. The stimulation was given earlier, so the children development better. More and more stimulation that given so knowledge children will be vast so that children development more optimally

Objective: To identify the correlation of stimulation growths stimulation with preschool children development at Enggal Waras Inwrought Service Post.

Methods: This study belongs to correlation descriptive analytic with cross sectional approach. The sample in this research was all mothers have pre school children at Enggal Waras Inwrought Service Post equal to 30 children's by total sampling. The children growth stimulation measured by questionnaires and children development measured was using DDST observation form. Data collection technique uses. Meanwhile, data was analyzed by using chi square correlation.

Results: The results of analysis show that the majority of children growth stimulation has good stimulation (83,3%) and children development has normal (83,3%). Based on chi square correlation analysis result got count of chi square equal to 11,952 > table chi square (5,99) with p value (0,003) < 0,05, this means that there was correlation growth stimulation with pre school children development.

Conclusion: There was correlation growth stimulation with pre school children development at Enggal Waras Inwrought Service Post.

Keywords: growth stimulation, children development, preschool age

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