

INTISARI

HUBUNGAN TINGKAT PENGETAHUAN WARGA BINAAN TENTANG KESEHATAN REPRODUKSI DENGAN PERILAKU PERAWATAN DAERAH KEWANITAAN SAAT MENSTRUASI DI LEMBAGA PEMASYARAKATAN KOTA SURAKARTA

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Latar Belakang: *Personal hygiene* merupakan tindakan untuk memelihara kebersihan dan kesehatan seseorang untuk kesejahteraan fisik dan psikis. Akibat jaranganya menjaga kebersihan, timbullah penyakit kelamin seperti keputihan, kanker serviks, alergi, peradangan, infeksi saluran kemih. Studi pendahuluan yang dilakukan di Lembaga Pemasarakatan Kota Surakarta menunjukkan 5 dari 7 orang masih tidak mengerti dengan baik cara perawatan daerah kewanitaan saat menstruasi.

Tujuan: Mengetahui hubungan tingkat pengetahuan tentang kesehatan reproduksi dengan perilaku perawatan daerah kewanitaan saat menstruasi di Lembaga Pemasarakatan Kota Surakarta.

Metode: Penelitian ini merupakan penelitian kuantitatif, dengan rancangan deskriptif korelasi. Populasi adalah seluruh wanita warga binaan di Lembaga Pemasarakatan Kota Surakarta sebanyak 65 orang. Sampel penelitian menggunakan semua populasi dengan total sampling. Teknik analisis data menggunakan *Spearman's Rank*.

Hasil Penelitian: Tingkat pengetahuan warga binaan tentang kesehatan reproduksi, paling besar kategori cukup yaitu sebesar 26 responden (40%). Perilaku perawatan daerah kewanitaan saat menstruasi, mayoritas negatif dalam perawatan daerah kewanitaan saat menstruasi yaitu 41 responden (63,1%). Terdapat hubungan tingkat pengetahuan warga binaan tentang kesehatan reproduksi dengan perilaku perawatan daerah kewanitaan saat menstruasi di Lembaga Pemasarakatan Kota Surakarta ($p= 0,0001$).

Simpulan: Ada hubungan tingkat pengetahuan warga binaan tentang kesehatan reproduksi di Lembaga Pemasarakatan Kota Surakarta.

Kata Kunci: Pengetahuan tentang kesehatan reproduksi, perilaku perawatan

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ABSTRACT

THE RELATION OF KNOWLEDGE LEVEL ABOUT REPRODUCTION HEALTH WITH BEHAVIOR OF FEMININE AREA CARE DURING MENSTRUATION IN WOMAN AT SURAKARTA PRISON

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Background: *Personal hygiene was an action to maintain the cleanliness of personal health and to physical and psychological wellbeing. Due to the lack of cleanliness there were venereal diseases such as vaginal discharge, cervical cancer, allergies, inflammation, urinary tract infection. A preliminary study conducted at the penitentiary city of Surakarta showed 5 of 7 people still did not understand well how the treatment region when the female was at the time of menstruation.*

The purpose of: *To find out the relation of knowledge level about reproduction health with behavior of feminine were care during menstruation in woman at Surakarta prison.*

Method: *This researched was a descriptive quantitative research design correlation. The population was the whole woman inmates in Surakarta City as many as 65 people. Sample research used all the population with the total sampling. Data analysis techniques used the spearman's rank.*

Research results: *Level of knowledge of woman inmates about reproductive health, most large was sufficient category of 26 respondents (40%). Behavior treatment of femininity while menstruation, the negative majority in the treatment area of femininity while menstruation was 41 responden (63,1%). There was a relationship of the level of knowledge of assisted residents about reproductive health care behavior with femininity during menstruation in regional correctional facility Surakarta ($p = 0,0001$).*

Conclusion: *There was a relationship of level of knowledge assisted residents about reproductive health in Surakarta correctional facility.*

Keywords: *Knowledge of reproductive health, treatment behavior.*

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