INTISARI

PENGARUH PERMAINAN TRADISIONAL "ENGKLEK" TERHADAP TINGKAT PERKEMBANGAN KECERDASAN KINESTETIK ANAK USIA PRA SEKOLAH DI TK AISYIYAH TITANG SIMO BOYOLALI

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Latar Belakang: Masa balita merupakan suatu periode yang sangat penting dalam tumbuh kembang anak, terutama pada anak usia pra sekolah (usia 3-5 tahun), karena pada masa ini otak anak akan lebih cepat menyerap segala sesuatu yang diterima dari rangsangan luar. Pengembangan kecerdasan kinestetik anak usia pra sekolah perlu ditingkatkan dan dikembangkan. Oleh karena diperlukan stimulus diantaranya dengan permainan tradisional berupa engklek agar perkembangan kecerdasan kinestetik pada anak usia pra sekolah dapat maksimal.

Tujuan: Penelitian ini bertujuan untuk menganalisis pengaruh permainan tradisional engklek terhadap tingkat perkembangan kecerdasan kinestetik anak usia pra sekolah di TK Aisyiyah Titang Simo Boyolali.

Metode: Penelitian ini berjenis penelitian *pre eksperimen* dengan rancangan *one group pre test and post test design*. Sampel sebanyak 40 responden dengan teknik *total sampling*. Teknik analisis data menggunakan uji *Paired sample t-test*.

Hasil: 1) Kemampuan kecerdasan kinestetik sebelum permainan tradisional engklek sebagian besar mempunyai kemampuan kecerdasan kinestetik tergolong baik yaitu sebanyak 25 orang (62,5%); 2) Kemampuan kecerdasan kinestetik sesudah permainan tradisional engklek sebagian besar mempunyai kemampuan kecerdasan kinestetik tergolong baik yaitu sebanyak 33 orang (82,5%); 3) Terdapat pengaruh permainan tradisional engklek terhadap kemampuan kecerdasan kinestetik pada anak usia pra sekolah di TK Aisyiyah Titang, Simo Boyolali, adapun nilai *t-test* = 5,874 dan p = 0,001.

Kesimpulan: Terdapat pengaruh permainan tradisional engklek terhadap kemampuan kecerdasan kinestetik pada anak usia pra sekolah di TK Aisyiyah Titang, Simo Boyolali.

Kata kunci: Permainan tradisional engklek, kecerdasan kinestetik, anak usia pra sekolah.

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ABSTRACT

THE EFFECT OF TRADITIONAL GAMES "ENGKLEK" TO THE LEVEL OF KINESTHETIC INTELLIGENCE OF CHILDREN AGE OF SCHOOL PRINCIPLES IN TK AISYIYAH TITANG, SIMO BOYOLALI

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Background: *Childhood is a very important period in child growth, especially in pre-school age children (aged 3-5 years), because at this time the child's brain will more quickly absorb everything received from external stimuli. Development of kinesthetic intelligence of pre school children needs to be improved and developed. Therefore needed a stimulus such as with the traditional game of a kneeek for the development of kinesthetic intelligence in pre-school age children can be maximized.*

Objective: *This study aims to analyze the effect of traditional games engklek on the level of development of kinesthetic intelligence age pre school children in TK Aisyiyah Titang Simo Boyolali.*

Method: *This study used pre eksperiment with one group pre test and post test design. A sample of 40 respondents with total sampling technique. Data analysis technique using Paired sample t-test.*

Results: *1) The ability of kinesthetic intelligence before the traditional game most of kinesthetic have good kinesthetic intelligence ability as much as 25 people (62,5%); 2) The ability of kinesthetic intelligence after the traditional game engklek of the kinesthetic ability has good kinesthetic ability as much as 33 people (82.5%); 3) There is an effect of traditional game of engklek to kinesthetic intelligence ability in pre school children in TK. Aisyiyah Titang, Simo Boyolali, as for t-test = 5,874 and p = 0,000.*

Conclusion: *There is an influence of traditional game of engklek to kinesthetic intelligence ability in pre school children at TK. Aisyiyah Titang, Simo Boyolali.*

Keywords: *Traditional games engklek, kinesthetic intelligence, pre-school age children.*

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