

**HUBUNGAN PENGETAHUAN DENGAN TINGKAT KECEMASAN
ISTRI DALAM HUBUNGAN SEKSUAL SELAMA KEHAMILAN
TRIMESTER III DI BIDAN PRAKTEK MANDIRI (BPM)
DAERAH SIDOLAJU NGAWI**

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INTISARI

Latar Belakang:kecemasan ibu pada saat hamil trimester III atau mendekati persalinan libido menurun kembali sehingga minat ibu untuk melakukan hubungan seksual menurun. Hal ini disebabkan beberapa alasan antara lain : rasa nyaman sudah jauh berkurang, pegal dipunggung dan pinggang, tubuh bertambah berat dengan cepat, nafas lebih sesak (karena besarnya janin mendesak dada dan lambung) dan kembali merasa mual namun semua itu adalah hal yang normal

Tujuan Penelitian: Mengetahui hubungan pengetahuan dengan tingkat kecemasan istri dalam hubungan seksual selama kehamilan Trimester III di BPM Daerah SidolajuNgawi

Metode: Jenis penelitian adalah deskriptif analitik dengan pendekatan *cross sectional*. Populasi penelitian ibuhamil trimester III yang memeriksakan kehamilannya di Bidan Praktik Mandiri (BPM) di Daerah Sidolaju Ngawi. Sampel penelitian diambil 20 ibu dengan teknik sampling jenuh. Analisis data menggunakan analisis univariat dengan tabel distribusi frekuensi dan analisis bivariat menggunakan *Spearman Rank*.

Hasil Penelitian: Tingkat pengetahuan istri tentang hubungan seksual selama kehamilan Trimester III termasuk cukup. Tingkat kecemasan dalam hubungan seksual selama kehamilan Trimester III termasuk ringan. Ada hubungan yang signifikan antara pengetahuan dengan tingkat kecemasan istri dalam hubungan seksual selama kehamilan Trimester III di BPM Daerah Sidolaju Ngawi (ρ value = 0,000).

Kesimpulan: Ada hubungan yang signifikan antara pengetahuan dengan tingkat kecemasan istri dalam hubungan seksual selama kehamilan Trimester III di BPM Daerah Sidolaju Ngawi

Kata Kunci: Tingkat Pengetahuan, Tingkat Kecemasan Istri

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ABSTRACT

KNOWLEDGE RELATIONSHIP WITH THE ANXIETY LEVELS WIFE IN SEXUAL INTERCOURSE DURING THE THIRD TRIMESTER OF PREGNANCY IN MIDWIVES PRACTICE INDEPENDENTLY (BPM) IN THE AREA SIDOLAJU NGAWI

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Background: Maternal anxiety during pregnancy trimester of three or approaching labor decreased libidoback so interests the mother to perform sexual intercourse decreased. This is due to several reasons, among others: a sense of comfort has been further reduced, sore backs and waists, body weight increased rapidly. Shortness of breath more (because of the urgent fetal chest and stomach) and back felt nauseated but it is a normal thing.

Objective: Knowing the knowledge relationship with the anxiety levels wife in sexual intercourse during the three trimesters of pregnancy in the BPM area Sidolaju Ngawi.

Methods: This type of research is descriptive analytic with cross sectional approach. The study population trimester pregnant mother of three who checkups in BPM independent midwife in the area sidolaju ngawi. Samples were taken 20 mothers with saturated sampling technique. Data analysis using univariate analysis with frequency distribution table and bivariate analysis using spearman rank.

Results: The level of knowledge about the wife of sexual intercourse during the three trimesters of pregnancy including quite. There was a significant relationship between knowledge and level of anxiety wife in sexual intercourse during the third trimester of pregnancy in the BPM area Sidolaju Ngawi (ρ value = 0,000).

Conclusions: There was a significant relationship between knowledge and level of anxiety wife in sexual intercourse during the third trimester of pregnancy in the BPM area Sidolaju Ngawi.

Keywords: The level of knowledge, level of anxiety wife

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