

INTISARI

PENGARUH PENGETAHUAN REMAJA TENTANG BAHAYA MENGKONSUMSI MINUMAN KERAS TERHADAP PERILAKU HIDUP SOSIAL DI SMP NEGERI 1 EDERA KECAMATAN EDERA KABUPATEN MAPPI

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Latar Belakang: Survei Demografi dan Kesehatan Indonesia (SDKI) 2017, mengungkapkan bahwa umur mulai minum alkohol di Indonesia terutama pada usia 15-19 tahun pada pria sebesar 70% dan wanita 58%. Sementara pada usia 20-24 tahun, pria yang mengonsumsi alkohol sebanyak 18% dan wanita 8%.

Tujuan: Untuk mengetahui pengaruh pengetahuan remaja tentang bahaya mengkonsumsi minuman keras terhadap perilaku hidup sosial di SMP N 1 Edera Kecamatan Edera Kabupaten Mappi.

Metode: Desain penelitian ini adalah *Quasi Experimental Design* dengan rancangan *Nonequivalent Control Group Design*. Populasi dalam penelitian ini adalah seluruh siswa laki-laki kelas IX A-C SMP Negeri 1 Edera Mappi dengan jumlah sampel sebanyak 40 responden dengan teknik *Total Sampling*, instrumen penelitian menggunakan kuesioner, teknik analisis data menggunakan uji *T-Test*.

Hasil: Hasil menunjukkan bahwa pada variabel pengetahuan maupun perilaku terdapat perbedaan antara kelompok eksperimen dan kontrol, yang diberi perlakuan dan tidak diberi perlakuan.

Kesimpulan: Terdapat pengaruh pengetahuan remaja tentang bahaya mengkonsumsi miras terhadap perilaku hidup sosial di SMP N 1 Edera Kecamatan Edera Kabupaten Mappi ($p = 0,019 < 0,05$).

Kata Kunci: pengetahuan, perilaku hidup sosial, remaja

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ABSTRACT

THE EFFECT OF ADOLESCENT KNOWLEDGE ABOUT THE DANGER OF CONSUMING ALCOHOL ON SOCIAL LIFE BEHAVIORS IN STATE JUNIOR HIGH SCHOOL 1OF EDERA AT EDERA DISTRICT IN MAPPI REGENCY

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Background: The 2017 Indonesian Demographic and Health Survey (IDHS) shows that the age at starting to drink alcohol in Indonesia is 15-19 years with a percentage of 70% men and 58% women. Meanwhile, at the age of 20-24 years, the percentage of men who consume alcohol is 18% and women 8%.

Objectives: To determine the effect of adolescent knowledge about the dangers of consuming alcohol on social life behavior in state junior high school 1 of edera at Edera district in Mappi regency.

Method: The design of this study was a Quasi-Experimental Design with a Nonequivalent Control Group Design. The population were all male students of class IX A-C state junior high school 1 of Edera Mappi with a total sample of 40 respondents. The sampling technique implemented the total sampling technique. The research instrument used a questionnaire and data analysis techniques used the T-Test.

Results: The results shows that in the knowledge or behavior variables there were differences between the experimental and control groups by being treated and not being treated.

Conclusion: There is an effect of adolescent knowledge about the dangers of consuming alcohol on social life behavior state junior high school 1 of edera at Edera district in Mappi regency ($p = 0.019 < 0.05$).

Keywords: Adolescent Knowledge About The Dangers Of Drinking, Social Life Behavior

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